

FINDING WHOLENESS

PAGES 128-55

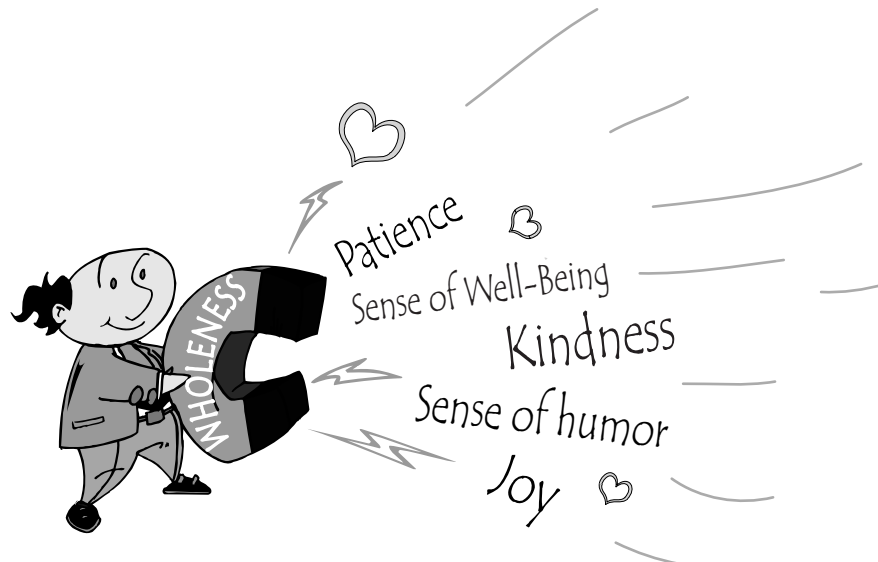
KEEPING IN TOUCH

► *Were the lists that you made thought-provoking or helpful?
Of course, you can continue to develop the lists as things change—or you change!*

1. What can help you in those moments when you feel an inner emptiness because of the physical absence of your twin flame?
(pp. 128-29)



2. What must you do to achieve personal wholeness? (pp. 130-32)



MAKING IT A REALITY

(pp. 131–35)

Affirm your wholeness right now! Because you know you are whole, you pull down from your I AM Presence all of the virtues and factors and talents and supply and abundance and joy and wisdom you need to be who you really are.

I and my Father are One.

I and my Mother are One.

I and my Twin Flame are One.

We are One here and now!

I AM THAT I AM.

Here and now I AM One

We are One

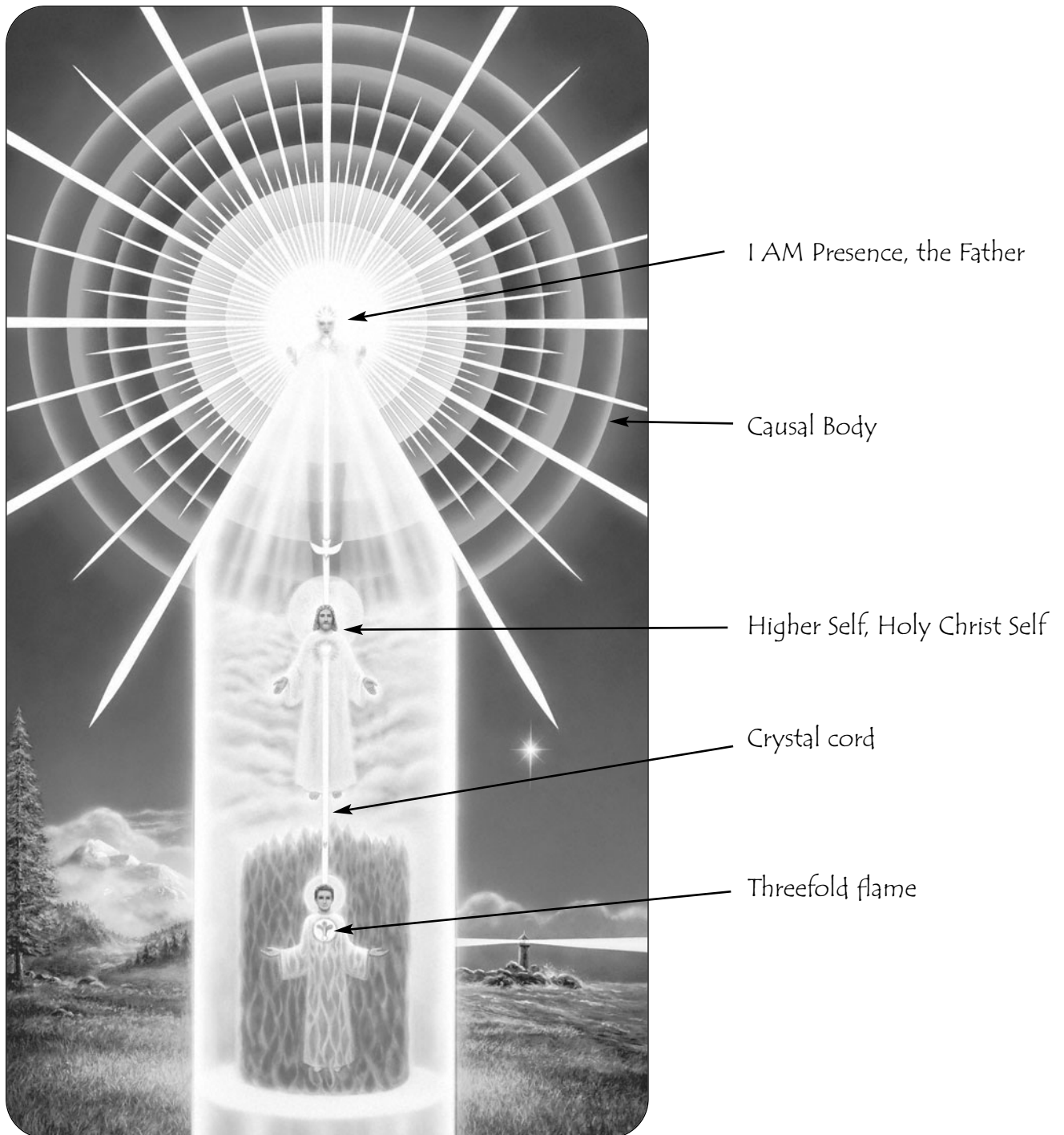
Alpha and Omega are One where I AM.

***No time or space can separate me from my twin flame,
for we are one in the Heart of God.***



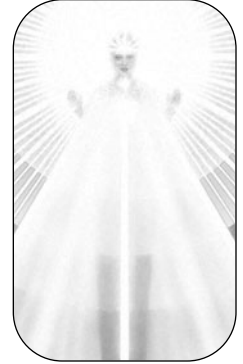
THE CHART OF YOUR DIVINE SELF WORKSHEET

Understanding your self/Self as pictured in the Chart of Your Divine Self is key to being whole and becoming the magnet for all that you need. You will never see yourself in the same way ever again!



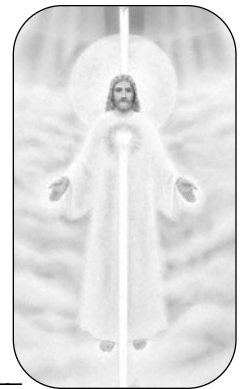
Write down what the following terms mean in the Chart. If doing this in a group, it might be helpful to read and talk about each section before you begin writing. If the group is more than four or five people, consider breaking into smaller groups or pairs.

✦ I AM Presence, the Father (pp. 137–38)



✦ Causal Body (pp. 138–39)

✦ Higher Self, Holy Christ Self (p. 139)



✦ Crystal cord (pp. 139–40)

✦ Threefold flame (p. 140)

✦ Blue, pink and yellow plumes (pp. 140–41)



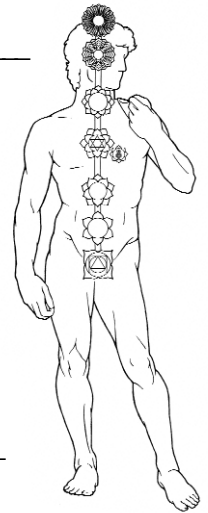
❖ Four lower bodies (pp. 141–42)

❖ Violet flame (p. 142)

❖ Tube of light (pp. 142–43)

❖ Chakras (p. 143)

❖ Ascension (pp. 143–45)



Now that you know more about your divine reality, you can ask for angelic protection for yourself, your twin flame and your divine plan. Remembering that “I AM” is the name of God in you, try giving the following prayer. It’s great to give it in the morning to protect your entire day!





PRAYER AND DECREE TO ARCHANGEL MICHAEL FOR PROTECTION

In the name of my Mighty I AM Presence, I call now for the victory of my twin flame, for the cutting free of my twin flame by the power of the mighty blue flame and sword of Archangel Michael. Legions of Light, come into action now!

Wherever my twin flame is, cut him/her free. Cut me free. Cut us free now to fulfill our divine plan. And if it be the will of God, draw us together. We thank you and accept it done this hour in full power according to God's will. Amen.

(It is good to give this decree aloud and with devotion, repeating the refrain after each verse. Give it as many times as you like.)

LIGHT'S PROTECTION

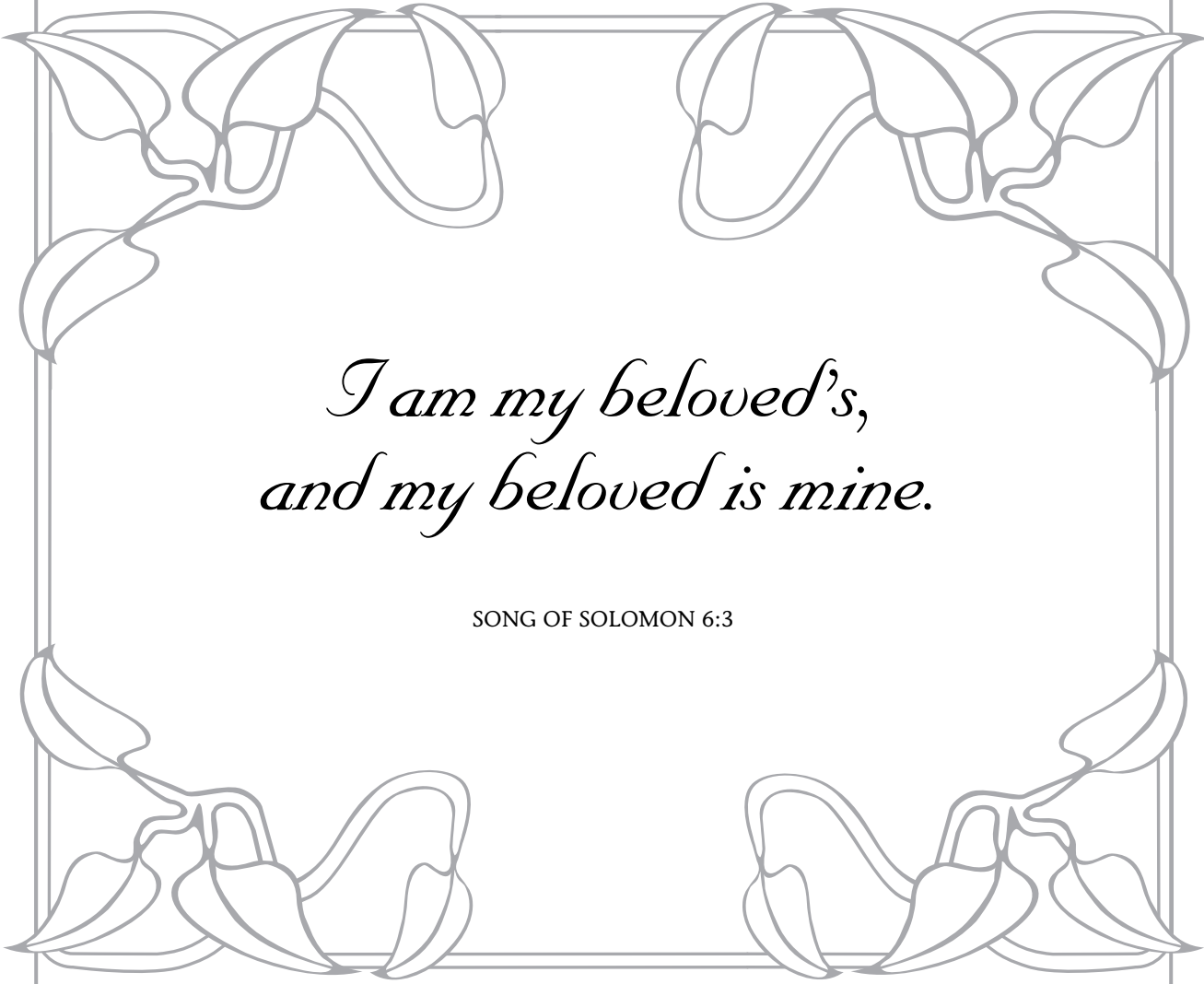
1. *Light's protection manifest—
Holy Brotherhood in white,
Light of God that never fails,
Keep us in thy perfect sight!*

*Refrain: I AM, I AM, I AM
protection's mighty power,
I AM, I AM, I AM
guarded every hour,
I AM, I AM, I AM
perfection's mighty shower
Manifest, manifest, manifest!*

2. *Lord Michael, mighty and true,
Guard us with thy sword of blue.
Keep us centered in the Light's
Blazing armor shining bright!*
3. *Around us blaze thy sword of faith—
Mighty power of holy grace,
I AM invincible protection always
Pouring from thy dazzling rays!*



PRAYERS AND DECREES FOR TWIN FLAMES



*I am my beloved's,
and my beloved is mine.*

SONG OF SOLOMON 6:3


So now be up and doing.

It's only in action that we find God—God in ourselves and in our twin flame.

Using prayers and decrees is a tremendous way to work on your wholeness.

It only takes a few minutes every day.

Prove it for yourself!



TO ARCHANGEL MICHAEL FOR PROTECTION

Prayer

In the name of my Mighty I AM Presence, I call now for the victory of my twin flame, for the cutting free of my twin flame by the power of the mighty blue flame and sword of Archangel Michael. Legions of Light, come into action now!

Wherever my twin flame is, cut him/her free. Cut me free. Cut us free now to fulfill the divine plan and attain union in the level of the Christ, in the level of our chakras. And if it be the will of God, draw us together in a lifetime service. We thank you and accept it done this hour in full power according to God's will. Amen.

[Give this decree aloud three times or more with intense devotion, repeating the refrain after each verse:]

1. *Light's protection manifest—
Holy Brotherhood in white,
Light of God that never fails,
Keep us in thy perfect sight!*

*Refrain: I AM, I AM, I AM
protection's mighty power,
I AM, I AM, I AM
guarded every hour,
I AM, I AM, I AM
perfection's mighty shower
Manifest, manifest, manifest!*

2. *Lord Michael, mighty and true,
Guard us with thy sword of blue.
Keep us centered in the Light's
Blazing armor shining bright!*
3. *Around us blaze thy sword of faith—
Mighty power of holy grace,
I AM invincible protection always
Pouring from thy dazzling rays!*

TO TRANSMUTE THE KARMA OF TWIN FLAMES

Prayer

In the name of the Christ I call to the blessed I AM Presence of our twin flames for the sealing of our hearts as one for the victory of our mission to humanity.

I invoke the light of the Holy Spirit for the consuming of all negative karma limiting the full expression of our divine identity and the fulfillment of our divine plan.

[Recite the following violet-flame mantra and decrees three times each or in multiples of three. Visualize the violet flame surrounding you and your twin flame. See it cleansing your auras and instantaneously transmuting any negative energy into the light of God.]

*I AM a being of violet fire!
I AM the purity God desires!*



I AM THE VIOLET FLAME



*I AM the violet flame
In action in me now
I AM the violet flame
To Light alone I bow
I AM the violet flame
In mighty cosmic power
I AM the light of God
Shining every hour
I AM the violet flame
Blazing like a sun
I AM God's sacred power
Freeing every one*



RADIANT SPIRAL VIOLET FLAME

*Radiant spiral violet flame,
Descend, now blaze through me!
Radiant spiral violet flame,
Set free, set free, set free!*

*Radiant violet flame, O come,
Expand and blaze thy light through me!
Radiant violet flame, O come,
Reveal God's power for all to see!
Radiant violet flame, O come,
Awake the earth and set it free!*

*Radiance of the violet flame,
Expand and blaze through me!
Radiance of the violet flame,
Expand for all to see!*

*Radiance of the violet flame,
Establish Mercy's outpost here!
Radiance of the violet flame,
Come, transmute now all fear!*



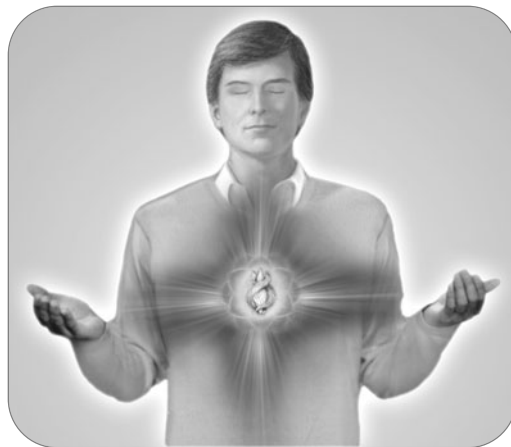
HEART, HEAD AND HAND DECREES

Heart

*Violet fire, thou Love divine,
Blaze within this heart of mine!
Thou art mercy forever true,
Keep me always in tune with you.*

Head

*I AM Light, thou Christ in me,
Set my mind forever free;
Violet fire, forever shine
Deep within this mind of mine.*



*God who gives my daily bread,
With violet fire fill my head
Till thy radiance heavenlike
Makes my mind a mind of light.*

Hand

*I AM the hand of God in action,
Gaining victory every day;
My pure soul's great satisfaction
Is to walk the Middle Way.*

Tube of Light

*Beloved I AM Presence bright,
Round me seal your tube of light
From Ascended Master flame
Called forth now in God's
own name.*

*Let it keep my temple free
From all discord sent to me.*

*I AM calling forth violet fire
To blaze and transmute all desire,
Keeping on in Freedom's name
Till I AM one with the violet flame.*



Forgiveness

*I AM forgiveness acting here,
Casting out all doubt and fear,
Setting men forever free
With wings of cosmic victory.*

*I AM calling in full power
For forgiveness every hour;
To all life in every place
I flood forth forgiving grace.*

Supply

*I AM free from fear and doubt,
Casting want and misery out,
Knowing now all good supply
Ever comes from realms on high.*

*I AM the hand of God's own fortune
Flooding forth the treasures of light,
Now receiving full abundance
To supply each need of life.*

Perfection

*I AM life of God-direction
Blaze thy light of truth in me.
Focus here all God's perfection,
From all discord set me free.*

*Make and keep me anchored ever
In the justice of thy plan—
I AM the presence of perfection
Living the life of God in man!*

Transfiguration

*I AM changing all my garments,
Old ones for the bright new day;
With the sun of understanding
I AM shining all the way.*

*I AM light within, without;
I AM light is all about.
Fill me, free me, glorify me!
Seal me, heal me, purify me!
Until transfigured they describe me:
I AM shining like the Son,
I AM shining like the sun!*

Resurrection

*I AM the flame of resurrection
Blazing God's pure light through me.
Now I AM raising every atom,
From every shadow I AM free.*

*I AM the light of God's full presence,
I AM living ever free.
Now the flame of life eternal
Rises up to victory.*

Ascension

*I AM ascension light,
Victory flowing free,
All of good won at last
For all eternity.*

*I AM light all weights are gone.
Into the air I raise;
To all I pour with full God-power
My wondrous song of praise.*

*All hail! I AM the living Christ,
The ever-loving One.
Ascended now with full God-power,
I AM a blazing sun!*

