

## LOVE, MARRIAGE AND BEYOND — PART 2

PAGES 106–127

### KEEPING IN TOUCH

- *Have you been thinking about how your relationships or other relationships illustrate the concepts you've been reading about?*
- *Which ideas are especially interesting to you?*

### The Weight of Karma

1. How does the story found in most sacred scriptures about the fall of man and woman relate to you and your twin flame? (pp. 106–08)
2. What is the truth about the illusion of “Well, if only my twin flame were here . . .”? (pp. 108–09)



### Working on Relationships

1. How can you magnetize and sustain a harmonious relationship? (pp. 110–13)
2. What is behind the tremendous sense of injustice between some twin flames? (pp. 113–14)
3. In what circumstance could it be the right solution for people to go their separate ways? (pp. 114–15)



### Getting Ready for Your Twin Flame

1. What are some things you can do to get ready to meet your twin flame? (pp. 116–18)
2. Why is an argument between twin flames so painful to cosmos? (pp. 119–21)
3. What is important to meditate upon and realize if you want to attract your twin flame? (p. 121)





# PERSONAL WORKSHEET

(pp. 121–27)

*In seeking your twin flame,  
the only real desire you ought to have is to bring them  
the gift of your love, your self, your own spiritual attainment  
as well as your outer accomplishments.*

Use the following questions to reflect upon yourself and what you do and do not have to give.

1. What gift, what bouquet of flowers, are you ready to bring to your twin flame today?

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2. Now write down what you know you're *not* capable of giving. It could be something like not knowing how to cook a meal, keep a schedule, or be patient. Ask yourself questions like: Am I moody? Do I get along with others, or even myself?

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3. Now look at your list of gifts and shortcomings and get on the receiving end of them. Pretend you're the other person. Consider whether or not you are what they are looking for. Are you wonderful enough for them to stop when they come to you or do they pass you by? It's the principle of "like attracts like." Are you the magnet?



4. Think about the virtues and qualities that you would like in your partner. Make a list and compare it to the list of what you have to offer. (You may already be in a relationship or be considering one. Your lists may show that you can't provide a major aspect of that person's needs, or that they are not going to be able to provide something you need. Be honest and think about that.) \_\_\_\_\_



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5. This exercise is food for thought. Take some time in the coming weeks to ponder what you've put down. If you discovered some missing qualities and virtues, find ways to cultivate them in your life.

