How to Work with Angels
BOOK STUDY GROUP
**Tips**

- Be sure to read the “Being a Good Facilitator” section of the Book Study Guidelines for lots of helpful tips that aren’t repeated here.

- After doing introductions in the first meeting, pass out the first discussion guide.

- One way to start is to take turns reading the discussion guide questions and then reading the pages in the book covered by each question.

- Try to keep conversation centered on the material, but realize that all the points in a discussion guide might not be covered during the meeting.

- Before ending each meeting, hand out the next discussion guide and tell participants what pages will be covered. (All the book study materials can be copied and freely distributed.)

- Simple refreshments can bring warmth and comfort to the group.

- You may want to schedule a celebration after your last meeting to commemorate your time together!
Heart-to-Heart

First Meeting: Introductions

- Tell everyone your name and share some personal background information.
- Ask how everyone heard about the book study or why they are interested in the topic. This helps people get acquainted and feel comfortable.

All Other Meetings

Keeping in Touch – At the beginning of each meeting ask questions like:

- How was your week?
- How did you like this week's reading? (You’ll find out if people didn’t have time to read it!)
- Is there something from the reading you would especially like to discuss?

Getting back in touch with each other establishes a friendly feeling in the group.

Closing

You can use the last point in the discussion guide, a moment of meditation or any other idea that works for you and the group. Thank everyone for coming.

The Last Meeting

At the end of the last discussion guide are some suggestions and ideas for you and the group to consider. These book study guides are courtesy of The Summit Lighthouse 1-800-245-5445.

Follow your heart,
go with the flow
and have lots of fun!
This book study will give you an opportunity to explore and develop your relationship with angels. You’ll get:

- Some basics about what angels are and what they do . . . and don’t do!
- Personal stories of healing, comfort, and assistance from the angels
- A practical ten-step plan to work with them
- Time with each of the seven archangels to find out about the special qualities that each one can bring into your life
- Space to reflect and write about how partnering with angels can help you to change yourself and the world around you

My Relationship with Angels

1. What realizations did Mrs. Prophet have when she had a vision of millions of angels? (p. 1)

2. What is a dictation? (p. 2)

3. In what ways did angels help Mrs. Prophet in her personal life? (p. 3)

4. You hear a lot about angels these days. Do you have stories or feelings to share about angels?
How to Work With Angels:
An Introduction to the Ten-Step Plan

1. Name some of the ways that angels have helped people (p. 5)

2. How can you get angels to help you? (p.5)

3. What are angels? (p. 7)
   - As sunbeams to sun
   - Servants and ministers
   - Beings who answer prayers
   - Links to God

4. Why do they answer our prayers for help? (p. 7)
   - Reason for being
   - Divine spark

5. What three things are essential to remember if you expect the angels to answer your call? (p. 9)

6. What’s the one rule that angels seldom break? (p. 9)

7. What would you like to gain from this book study?
   How would you like to have the angels help you?
   Are there certain areas of your life that could be going better?
   Relationships? Work? Health?

___________________________________________________________________
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___________________________________________________________________

How to Work With Angels Discussion Guide 1

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Step 1: Make Room in Your Life for Angels

How can you make angels comfortable with you? (pp. 11–12)

- Uplift your thoughts, feelings and surroundings
- Commune with them daily
- Separate yourself from distractions
- Tell them your problems, then listen

Step 2: Pray Aloud

1. Why will you get a more powerful response from angels when you speak to them out loud? (p. 13)

2. What are some common forms of spoken prayer? (pp. 13–14)

3. What do spoken decrees and fiats allow? (p. 14)

- Man and God working together
- Direct God’s energy into world
- Open floodgates of heaven

Step 3: Use the Name of God

1. What gives you the power to command the angels and to create in God’s name? (p. 15)

2. Every time you say “I AM . . . ,” what are you really saying? (pp. 15–16)
3. What are some examples of how people might use the words “I AM” that are not to their advantage? (E.g., I am sick and tired of…; I am too old; I am not any good at that.)

Step 4: Give Your Prayers and Decrees Daily

1. What is the best way to commune with angels? (p. 17)

2. What are some benefits of praying daily? (pp. 17–18)
   - Stay on same wavelength as angels
   - Angels answer right away
   - Help people you don’t even know
   - Partner with angels

Step 5: Ask For Help

Why do the angels usually wait for you to call on them? (p. 19)

Step 6: Repeat Decrees and Prayers

Why does repeating prayers make them more effective? (pp. 21–22)

Step 7: Send Your Prayer to the Right Address

You might ask, “Do angels really have different addresses?” How does this work? (pp. 23–24)
   - Different jobs
   - Different frequencies
   - Different colors
   - Different supervisors
   - Call to the archangel who specializes in what you need

Step 8: Be Specific

1. How can you assure that the angels will help you with your life? (p. 25)
• Live in harmony
• Devote energy to helping others

2. What lesson comes through loud and clear in the stories about the grocery list and the truck? (pp. 25–27)

Step 9: Visualize What You Want to Happen

What can you do to increase the power of your prayer? (p. 29)
• Strong mental picture of what you want
• Visualize brilliant light
• Concentrate on picture

Step 10: Expect to Be Surprised

1. Why do angels answer some prayers and not others? (pp. 31–32)
• Previous good and bad actions (karma)
• Not genies or Santa Claus

2. What are the three conditions that must be fulfilled for your prayer requests to be granted? (p. 32)

3. The angels hear all of your prayers and answer in the way that is best for you. Can you recall a time when the answer to a prayer was not quite what you expected? Other prayer stories?

A Call Is Answered

Which of the ten steps do you think Lucy followed? (pp. 34–37)
Ten Steps

STEP 1:
Make room in your life for angels.

STEP 2:
Pray aloud.

STEP 3:
Use the name of God.

STEP 4:
Give your prayers and decrees daily.

STEP 5:
Ask for help.

STEP 6:
Repeat decrees and prayers.

STEP 7:
Send your prayer to the right address.

STEP 8:
Be specific.

STEP 9:
Visualize what you want to happen.

STEP 10:
Expect to be surprised.
MEET THE
SEVEN ARCHANGELS
PART 1

KEEPPING IN TOUCH
Take a few minutes to connect with everyone.

For each archangel and his band of angels, you will find history, background and stories. Fill in the blanks as you review the fascinating facts. Enjoy the discussion questions. Then make it practical by giving the prayers and visualizations which have been taken from pages 93–111 in the back of your book. Take it to a deeper level by answering the personal reflection questions. You’ll even learn how to visit the spiritual homes of the angels while you sleep.

As you work with each band of angels, keep the 10 steps in mind:

Step 1: Make room in your life for angels.
Step 2: Pray aloud.
Step 3: Use the name of God.
Step 4: Give your prayers and decrees daily.
Step 5: Ask for help.
Step 6: Repeat decrees and prayers.
Step 7: Send your prayer to the right address.
Step 8: Be specific.
Step 9: Visualize what you want to happen.
Step 10: Expect to be surprised.
### FASCINATING FACTS

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<thead>
<tr>
<th>COLOR:</th>
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<tr>
<td>ARCHANGEL:</td>
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<tr>
<td>SPIRITUAL HOME:</td>
<td>(The archangels keep spiritual homes, or retreats, in the heaven-world over certain powerful spots in the earth.)</td>
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**ASK THEM FOR:**

- **Spiritual Gifts:**
  - ___
  - ___

- **Practical Assistance:**
  - ___
  - ___
  - ___
  - ___

- **World Service:**
  - ___
  - ___

---

1. What roles did Archangel Michael play in Jewish, Christian and Islamic scriptures? *(p. 41)*

2. What can assure the best response from Archangel Michael and his angels of protection to our SOS calls? *(p. 41)*

3. In light of the stories of Daniel and Kelly, can you think of a “close call” in your life when you may have had the assistance of a protection angel? *(pp. 41–45)*
4. Have you ever awakened with a wonderful feeling? This may be due to the amazing truth that your soul can work with the angels while you’re asleep. You may not remember these experiences, but in the course of your day you may have an unexpected inspiration or flashes of insight. Please read page 65, “Visiting the Angels at Home.”

- Retreats
- Gathering points for angels
- Learning centers for our soul
- Universities, libraries, lecture halls

Make It Practical

Try giving the following prayer to Archangel Michael. This prayer is great for safety while traveling, but it’s also wonderful to bring Archangel Michael’s presence to you anytime! You may find visualization helpful. (pp. 94–95)

Personal Request

You can personalize your communion with the angels. Put your request in the blank, saying it silently if you’re in a group, or out loud if you’re alone. (p. 93)

In the name of the I AM THAT I AM, I call to the seven archangels and their legions of light, I call to beloved Archangel Michael and the angels of protection. I ask you to ________________.

I ask that my call be multiplied and used for the assistance of all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of God.

Visualization

Imagine Archangel Michael’s blue light totally surrounding you, your family, your vehicle, or even your whole community. This light is like an armor that gives you physical and spiritual protection.
Give the prayer slowly and deliberately.

TRAVELING PROTECTION

Lord Michael before!
Lord Michael behind!
Lord Michael to the right!
Lord Michael to the left!
Lord Michael above!
Lord Michael below!
Lord Michael, Lord Michael wherever I go!

I AM his love protecting here!
I AM his love protecting here!
I AM his love protecting here!

Personal Reflection

1. What specific aspects of your life could benefit from the assistance of Archangel Michael and the blue flame angels?

_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

2. What spiritual gifts for yourself, your loved ones and the world would you like to ask Archangel Michael for?

_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

3. What practical assistance could you, your family and your community use right now from the angels of protection?

_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

How to Work With Angels Discussion Guide 3

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4. What current world situations need your prayers to Michael and his angels? __________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Visiting the Angels at Home

You can give the following prayer to be taken at night in your soul consciousness to Archangel Michael’s home in the heaven-world.

![Banff with Lake Louise, Alberta, Canada](image)

*In the name of my own Real Self, I call to the angels to take me in my soul consciousness to the etheric retreat of Archangel Michael and the angels of protection, located over Banff, near Lake Louise, Canada.*

*I ask that I be filled and inspired with the will of God. And I ask Archangel Michael and the angels of protection to [insert request].*

*I thank you and I accept it done this hour in full power, according to the will of God.*

**FIAT**

*Archangel Michael,*

*Help me! Help me! Help me!*
GETTING TO KNOW
ARCHANGEL JOPHIEL AND
THE ANGELS OF ILLUMINATION
(pp. 47–52)

FASCINATING FACTS

COLOR: ______________________________

ARCHANGEL: _________________________

SPIRITUAL HOME: (The archangels keep spiritual homes, or retreats, in the heaven-world over certain powerful spots in the earth.) __________________________________________________________

ASK THEM FOR:

Spiritual Gifts: ____________________________________________________________

__________________________________________________________________________

Practical Assistance: ______________________________________________________

__________________________________________________________________________

World Service: __________________________________________________________

__________________________________________________________________________

KEEPING IN TOUCH
Take a few minutes to connect with everyone.
1. What are some of the ways that Archangel Jophiel and his angels of illumination may help you? (p. 49)

- In touch with the mind of God
- Creative inspiration and life-changing revelations
- Contact your Higher Self
- Absorb new information and acquire new skills

2. What is their primary purpose? (p. 49)

3. What else can you ask them to do? (p. 50)

4. Did Verlene’s story give you any ideas about how to deal with your mind going blank? (pp. 51–52)

Make It Practical

MEDITATION FOR ILLUMINATION

Personal Request:

In the name of the I AM THAT I AM, I call to the seven archangels and their legions of light, I call to beloved Archangel Jophiel and the angels of illumination. I ask you to ________________________________.

I ask that my call be multiplied and used for the assistance of all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of God.

Visualization:

See your head surrounded by and infused with God’s golden-yellow light. Now see the angels of illumination flooding your body, mind and soul with this light.
O flame of Light bright and gold,
O flame most wondrous to behold,
I AM in every brain cell shining,
I AM Light’s wisdom all divining.

Ceaseless, flowing fount of Illumination flaming,
I AM, I AM, I AM Illumination.

Personal Reflection:

1. Which gifts of illumination do you need most? How would you use these gifts?  
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

2. What practical assistance could you or your loved ones use right now—for example, help with learning, with addictions, with blocks to oneness with your Higher Self?  
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

3. How might you actually perform world service by praying to Jophiel and the illumination angels for a few minutes each day? (e.g., prayers for children and their teachers around the world, prayers for illumination of those in positions of leadership in any field)  
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
Visiting the Angels at Home

You can give the following prayer to be taken at night in your soul consciousness to Archangel Jophiel’s home in the heaven-world.

In the name of my own Real Self, I call to the angels to take me in my soul consciousness to the etheric retreat of Archangel Jophiel and the angels of illumination, located south of the Great Wall, near Lanchow, China.

I ask that I be filled and inspired with the will of God. And I ask Archangel Jophiel and the angels of illumination to __________________ .

I thank you and I accept it done this hour in full power, according to the will of God.

FIAT

Angels bright from starry height, Charge my being and mind with light!
1. What are some areas of your life that Chamuel and the love angels can assist with?

- Easing neighborhood tension
- Smoothing daily life
- Improving communication
- Transforming relationships
- Others?
Make It Practical

PRAYERS TO THE ANGELS OF LOVE

**Personal Request:**

_We will do anything you ask, as long as it is lawful for us to do in the sight of God._

—ARCHANGEL CHAMUEL

_In the name of the I AM THAT I AM, I call to the seven archangels and their legions of light, I call to beloved Archangel Chamuel and the angels of love. I ask you to ___________________________._

_I ask that my call be multiplied and used for the assistance of all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of God._

**Visualization:**

Place your hands over your heart as you give these prayers to the angels of love. While you pour out devotion to God and say the words, visualize what they describe. These prayers will sustain your tie to Archangel Chamuel and the angels of love.

_A ROSE UNFOLDING FAIR_

_As a rose unfolding fair_
_Wafts her fragrance on the air,_
_I pour forth to God devotion,_
_One now with the Cosmic Ocean._
THE BALM OF GILEAD

O Love of God, immortal Love, 
Enfold all in thy ray; 
Send compassion from above 
To raise them all today! 
In the fullness of thy power, 
Shed thy glorious beams 
Upon the earth and all thereon 
Where life in shadow seems. 
Let the Light of God blaze forth 
To cut men free from pain; 
Raise them up and clothe them, God, 
With thy mighty I AM name!

Personal Reflection:

1. Take an inventory of what spiritual gifts you need or want from the angels of love. ________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

2. What practical assistance could you use right now? (e.g., help with a troubled relationship, help with being more loving, help with finding something you lost) ________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

3. Unfortunately, many individuals and groups in the world act in unloving, even hateful ways. What could you specifically do about it? For example, what would you like to envision happening if you were to give “The Balm of Gilead” prayer once daily? ____________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Visiting the Angels at Home

You can give the following prayer to be taken at night in your soul consciousness to Archangel Chamuel’s home in the heaven-world.

In the name of my own Real Self, I call to the angels to take me in my soul consciousness to the etheric retreat of Archangel Chamuel and the angels of love, located over St. Louis, Missouri, U.S.A.

I ask that I be filled and inspired with the will of God. And I ask Archangel Chamuel and the angels of love to [insert request].

I thank you and I accept it done this hour in full power, according to the will of God.

FIAT

In the name of God, I AM THAT I AM, in the name of Archangel Chamuel:
Be gone, forces of anti-love!
MEET THE SEVEN ARCHANGELS
PART 3

KEEPING IN TOUCH

Take a few minutes to connect with everyone.

MEETING ARCHANGEL GABRIEL AND THE ANGELS OF GUIDANCE
(pp. 61–67)

FASCINATING FACTS

COLOR: __________________________________________

ARCHANGEL: _____________________________________

SPIRITUAL HOME: (The archangels keep spiritual homes, or retreats, in the heaven-world over certain powerful spots in the earth.) _______________________________________

ASK THEM FOR:

Spiritual Gifts: ___________________________________

________________________________________________________________________

Practical Assistance: ______________________________________________________

________________________________________________________________________

World Service: ____________________________________________________________

________________________________________________________________________
1. Where is Archangel Gabriel mentioned in different spiritual traditions? (p. 63)

2. In which areas of your life might Archangel Gabriel and his angels help you? (pp. 63–64)

- Understand and perform life’s calling
- Guide life plan (even during sleep)
- Defend life plan
- Organize life

Make It Practical

AFFIRMATIONS FOR ANGELIC GUIDANCE
(Taken from pp. 100–01)

Personal request:

In the name of the I AM THAT I AM, I call to the seven archangels and their legions of light, I call to beloved Archangel Gabriel and the angels of guidance. I ask you to ____________________ .

I ask that my call be multiplied and used for the assistance of all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of God.
Visualization:

As you give these affirmations, see Gabriel and the angels of guidance pouring into your body, mind and soul a white light that infuses you with confidence, joy and direction. Surrender to God’s plan for you and rest secure in the knowledge that you will be shown how to fulfill it. Remember, whenever you say “I AM . . . ,” you are saying “God in me is . . . .”

I AM the pure, radiant God-design of my own being
I AM bringing to the world the fullness of the mission that is my own
I AM one in the heart of God
I AM the Love of God
I AM the Love of heaven
I AM the Love of the angels
I AM the Love of the archangels
I AM the Love that is real
I AM the coming into fruition of the great purpose for which I first drew breath

Personal Reflection:

1. What kind of guidance do you need in order to know and realize your life purpose and plan? (Ask Archangel Gabriel and the angels of guidance to help. Don’t forget that every night you can visit with the angels and work on finding the answers while you sleep!) __________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

2. What practical areas of your personal life could use some discipline and order? Consider your mental and emotional environments as well as the physical. __________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
3. List some areas where you can ask the angels to help out in your local community, nation or on a worldwide scale; for example, relief for the homeless, natural disaster or war victims, guidance for decision-makers in all fields of endeavor. ___________________________________________________

_________________________________________________________________________________

_________________________________________________________________________________

_________________________________________________________________________________

Visiting the Angels at Home

You can give the following prayer to be taken at night in your soul consciousness to Archangel Gabriel’s home in the heaven-world.

![Mount Shasta, California](image)

_In the name of my own Real Self, I call to the angels to take me in my soul consciousness to the etheric retreat of Archangel Gabriel and the angels of guidance, located over California, between Sacramento and Mount Shasta, U.S.A._

_I ask that I be filled and inspired with the will of God. And I ask Archangel Gabriel and the angels of guidance to [insert request]._

_I thank you and I accept it done this hour in full power, according to the will of God._
1. What do various spiritual texts say about Archangel Raphael? (p. 71)

2. How may Raphael and the angels of science, knowledge and healing influence your life? (pp. 71–72)
   - Remove negative energy
   - Assist medical professionals
   - Heal physical conditions
   - Heal diseases of soul and spirit
3. Why is it important to always ask the healing angels to work with angels of protection? (p. 72)

Make It Practical

HEALING BLESSINGS FROM THE QUEEN OF ANGELS
(pp. 74–77)

Mary helped Margaret with her breast cancer in a very tangible way, and she can also help you. You can give this prayer to Mary, Queen of Angels, for healing or for spiritual and physical gifts you need. This prayer accesses the energy and power of God as Mother. (p. 77)

Hail, Mary, full of grace.
The Lord is with thee.
Blessed art thou among women
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for us, sons and daughters of God,
Now and at the hour of our victory
Over sin, disease and death.
AFFIRMATIONS FOR CHRIST WHOLENESS
(pp. 102–03)

Instructions:

Give these affirmations for the healing of yourself and anyone who needs healing of body, mind, soul or spirit. Begin with a prayer to Raphael and the angels of healing, stating the name and condition of the person in need.

Personal Request:

In the name of the I AM THAT I AM, I call to the seven archangels and their legions of light, I call to beloved Archangel Raphael and the angels of healing. I ask you to ____________________________.

I ask that my call be multiplied and used for the assistance of all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of God.

Visualization:

Visualize white and green healing light enveloping the person. See the angels directing light into the specific area in need of healing. Imagine each cell becoming whole and the body free of the condition.

I AM God’s perfection manifest
In body, mind and soul—
I AM God’s direction flowing
To heal and keep me whole!
O atoms, cells, electrons
Within this form of mine,
Let heaven’s own perfection
Make me now divine!
The spirals of Christ wholeness
Enfold me by his might—
I AM the Master Presence
Commanding, “Be all Light!”

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**Personal Reflection:**

1. Sometimes we cannot clearly see what’s happening in our life and these angels can help with this. In what areas of your life do you need clarity, truth and vision? ____________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

2. Where might your body, mind or soul need healing? What about your family and loved ones? (Ask Raphael and the healing angels to show you what course of action to take. Remember the prayer to Mary, Queen of Angels, helps with healing.)
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

3. How would you like these angels to impact world conditions? For example, inspiring cures for disease, healing of strife among nations.
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
**Visiting the Angels at Home**

You can give the following prayer to be taken at night in your soul consciousness to Archangel Raphael’s home in the heaven-world.

*In the name of my own Real Self, I call to the angels to take me in my soul consciousness to the etheric retreat of Archangel Raphael and the angels of healing, located over Fatima, Portugal.*

*I ask that I be filled and inspired with the will of God. And I ask Archangel Raphael and the angels of healing to [insert request].*

*I thank you and I accept it done this hour in full power, according to the will of God.*

**FIAT**

*I AM the resurrection and the life of my perfect health now made manifest!*
MEET THE SEVEN ARCHANGELS
PART 4

KEEPING IN TOUCH
Take a few minutes to connect with everyone.

MEETING ARCHANGEL URIEL AND THE ANGELS OF PEACE
(pp. 79–83)

FASCINATING FACTS

COLOR: ______________________________________________

ARCHANGEL: _________________________________________

SPIRITUAL HOME: (The archangels keep spiritual homes, or retreats, in the heaven-world over certain powerful spots in the earth.)
____________________________________________________

ASK THEM FOR:

Spiritual Gifts: ______________________________________________________________________
____________________________________________________________________________________

Practical Assistance: __________________________________________________________________
____________________________________________________________________________________

World Service: _______________________________________________________________________
____________________________________________________________________________________

1. What is Archangel Uriel known for? (pp. 81–82)

2. What can Archangel Uriel and his angels of peace do for you? (pp. 81–83)
   - Bring peace
   - Tackle global problems
   - Soothe disagreements/agitation
   - Help let go of old hurts
   - Help overcome negative emotions and self-defeating behavior

Make It Practical

ARCHANGEL URIEL'S EXERCISE FOR LETTING GO
(pp. 84–85)

Sit in a comfortable position and focus your attention on your heart. Relax and say tenderly to your soul and body, “Peace, be still.” See yourself surrounded by the purple and gold light of the angels of peace.

As you breathe in and out, release your worries and concerns and let them dissolve in the light. Now give the prayer of Saint Francis.

THE PRAYER OF SAINT FRANCIS OF ASSISI
(p. 106)

Lord,
Make me an instrument of thy peace.
Where there is hatred let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light; and
Where there is sadness, joy.

O Divine Master,
Grant that I may not so much
Seek to be consoled as to console;
To be understood as to understand;
To be loved as to love.
For it is in giving that we receive,
It is in pardoning that we are pardoned, and
It is in dying that we are born to eternal life.

Now say three times:

Archangel Uriel and angels of peace,
I accept the gift of peace in my heart,
in my soul, in my spirit, in my body, in my mind!
Make me an instrument of God’s peace!

AFFIRMATIONS TO THE ANGELS OF PEACE
(pp. 104–05)

Give these affirmations whenever you are concerned about the outcome of a project you are working on or about strife in your family, community or nation. Trust in the angels of peace to provide the perfect resolution.

Personal Request:

In the name of the I AM THAT I AM, I call to the seven archangels and their legions of light, I call to beloved Archangel Uriel and the angels of peace. I ask you to ________________________________.

I ask that my call be multiplied and used for the assistance of all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of God.

Visualization:

See the beautiful purple and gold energy of Uriel and the angels of peace surrounding and enfolding the people or situation that you are concerned about. See how the negative energy is dissolved by the power of peace.

I AM the gentle rain of peace
I AM the manifestation of divine perfectionment
I AM the great heartbeat of divine love from on high
I AM the power of infinite love and compassion within
I AM the flame of love that will sustain all
I AM the realization of the power of love
I AM the externalization of the quality of divine freedom
I AM the quality of infinite peace in manifestation
I AM the power of tranquility
I AM the power of great tides of love and peace bringing
to an end the contamination of discord and despair
I AM the renewal of hope in hearts that have no hope
I AM understanding wherever there are ears to hear and
hearts to embrace
I AM the freedom of men from the shackles of war
I AM a messenger of peace

Personal Reflection:

1. Do you have an inner sense of peace and tranquility or are you
   harboring old hurts or dealing with fear or anger? Make a list of what
   you want to let go of. (Invite Uriel and the angels of peace to be part of
   your letting go process.) ___________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________

2. What local, national or international issues could benefit from your
   prayers to the angels of peace? Do you have a particular issue that is
   important to you? _________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________
Visiting the Angels at Home

You can give the following prayer to be taken at night in your soul consciousness to Archangel Uriel’s home in the heaven-world.

In the name of my own Real Self, I call to the angels to take me in my soul consciousness to the etheric retreat of Archangel Uriel and the angels of peace, located over the Tatra Mountains, south of Cracow in Poland.

I ask that I be filled and inspired with the will of God. And I ask Archangel Uriel and the angels of peace to __________________________.

I thank you and I accept it done this hour in full power, according to the will of God.

FIAT

Archangel Uriel, make me an instrument of God’s peace!
MEETING ARCHANGEL ZADKIEL
AND THE ANGELS OF JOY
(pp. 87–91)

FASCINATING FACTS
COLOR: ________________________________

ARCHANGEL: ________________________________

SPIRITUAL HOME: (The archangels keep spiritual homes,
or retreats, in the heaven-world over certain powerful
spots in the earth.) ________________________________

ASK THEM FOR:

Spiritual Gifts: ________________________________

Practical Assistance: ________________________________

World Service: ________________________________

1. What can Archangel Zadkiel and his angels help you overcome with the violet flame? (pp. 89–91)

  - Negative memories
  - Blocks to realizing your maximum potential
  - Karma and habit patterns
  - Burdens in the body from drugs, pesticides and other chemicals
2. What is the violet flame and what can it bring you? *(pp. 89–90)*

- Flame of God
- Highest frequency
- Soul freedom, joy and fulfillment

3. What is weighing us down and how do we free ourselves? *(p. 90)*

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**The greatest step to personal progress that you can take is the consistent use of the violet transmuting flame.**

—ARCHANGEL ZADKIEL

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**Make It Practical**

**AFFIRMATIONS TO THE ANGELS OF JOY**

**Personal Request:**

*In the name of the I AM THAT I AM, I call to the seven archangels and their legions of light, I call to beloved Archangel Zadkiel and the angels of joy. I ask you to __________________________.*

*I ask that my call be multiplied and used for the assistance of all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of God.*
**Visualization:**

The violet flame ranges in color from a pale lilac to a brilliant amethyst. Whenever you decree to Zadkiel and the angels of joy, see this flame as a giant bonfire that surrounds you. Watch the angels take from you all of your burdens, worries and concerns and throw them into the flame, where they are transformed into positive energy.

- I AM the boundlessness of the Spirit of Light
- I AM the awareness of the glory of God
- I AM the awareness of the power of God
- I AM awareness of the violet flame, which is able by the power of God to transmute all shadowed substance into the purity of the great Cosmic Light
- I AM the blessed feeling of God-happiness through the very pores of my skin and the pores of my mind and the pores of my heart
- I AM freedom from limitation
- I AM freedom from fear
- I AM freedom from worry and overconcern
- I AM the commitment of my soul and total being into the hands of the infinite God
- I AM God-freedom in manifestation
- I AM God-happiness in manifestation
- I accept my freedom now!

**I AM THE VIOLET FLAME**

*(pp. 110–111)*

**Visualization:**

See Zadkiel and the angels of joy directing the violet flame into the situation that you are praying about. You can imagine the violet flame working just like a giant chalkboard eraser, wiping out all negativity.
**I AM the violet flame**  
*In action in me now*  
**I AM the violet flame**  
*To Light alone I bow*  
**I AM the violet flame**  
*In mighty cosmic power*  
**I AM the Light of God**  
*Shining every hour*  
**I AM the violet flame**  
*Blazing like a sun*  
**I AM God’s sacred power**  
*Freeing every one*

**Personal Reflection:**

1. Do you have negative memories from painful situations? Make a list of them. (You can give violet flame prayers and visualize these memories being transmuted into positive energy and joy. Ask the angels to help free your soul from subconscious memories that are hindering you.)

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

2. What are some areas of your life that could use more tolerance and diplomacy? For example, relating to your mother-in-law, your teenagers, neighbors? _________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

3. What situations that are happening in the world today need the violet flame? ___________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________

________________________________________________________________________________
Visiting the Angels at Home

You can give the following prayer to be taken at night in your soul consciousness to Archangel Zadkiel’s home in the heaven-world.

In the name of my own Real Self, I call to the angels to take me in my soul consciousness to the etheric retreat of Archangel Zadkiel and the angels of joy, located over Cuba.

I ask that I be filled and inspired with the will of God. And I ask Archangel Zadkiel and the angels of joy to [insert request] .

I thank you and I accept it done this hour in full power, according to the will of God.

FIAT

I AM the living flame of cosmic freedom!
Visiting the angels while you sleep

In the name of my own Real Self, I call to the angels to take me in my soul consciousness to the etheric retreat of ________________ and the angels of ______________ , located ______________ .

I ask that I be filled and inspired with the will of God. And I ask Archangel ______________ and the angels of ______________ to ______________ [insert request] ______________ .

I thank you and I accept it done this hour in full power, according to the will of God.

Personal Request Prayer for Anytime

In the name of the I AM THAT I AM, I call to the seven archangels and their legions of light, I call to beloved Archangel ______________ and the angels of ______________ . I ask you to ______________ [insert request] ______________ .

I ask that my call be multiplied and used for the assistance of all souls on this planet who are in need. I thank you and I accept it done this hour in full power, according to the will of God.